## BOZEMAN SCHOOL DISTRICT ALLERGY HEALTH CARE PLAN SCHOOL YEAR

| Name:  |  |                                       |               |              |  |  |  |
|--|--|---------------------------------------|---------------|--------------|--|--|--|
| School:  |  | Date:                                 | Date:         |              |  |  |  |
| Teacher  | ·  | Grac                                  | le:           |              |  |  |  |
| Asthmatic? YES* NO NO *if yes, increased risk for severe reaction.                                 |  |                                       |               |              |  |  |  |
| Severe Allergy to:   |  |                                       |               |              |  |  |  |
|  |  |                                       |               | photo here   |  |  |  |
| »STEP 1: SIGNS & SYMPTOMS OF AN ALLERGIC REACTION  |  |                                       |               |              |  |  |  |
|  |  |                                       |               | Medications: |  |  |  |
| Mouth  | Itching, tingling,                           | or mild swelling of the lips          | Antihistamine | Epinephrine  |  |  |  |
| Skin   | Mild hives, itchy                            | rash                                  |               |              |  |  |  |
| Skin   | Mild hives, itchy antihistamine after        | rash unresponsive to<br>er 20 minutes |               |              |  |  |  |
| Skin   | Severe hives, swe                            | elling of face or extremities         |               |              |  |  |  |
| Gut  | Nausea, abdominal cramps, vomiting, diarrhea |                                       |               |              |  |  |  |
| Throat   | Tightening of thre                           | oat, hoarseness, hacking coug         | h 🗌           |              |  |  |  |
| Lung   | Shortness of brea wheezing                   | th, repetitive coughing,              |               |              |  |  |  |
| Heart  | Thready pulse, lo                            | w blood pressure, fainting, pa        | ale 🗌         |              |  |  |  |
| Other  |  |                                       | _ 🗆           |              |  |  |  |
| Antihistamine to give:  (Medication/dose/route)  |  |                                       |               |              |  |  |  |
| Epin   | ephrine to give:                             |                                       |               |              |  |  |  |
| (Medication/dose/route)  Primary Care Provider, please check medication boxes above and sign here: |  |                                       |               |              |  |  |  |
| Signature:   |  |                                       | Date:         |              |  |  |  |

## **»STEP 2: EMERGENCY CALLS**

| 1. Call 911.   |   |           |       |  |  |  |  |
|--|---|-----------|-------|--|--|--|--|
| State that an allergic reaction has occurred and additional epinephrine may be needed  |   |           |       |  |  |  |  |
| 2. Call Parent/Guardian:   | Home phone:                             |           |       |  |  |  |  |
| a.   | Work:                                   |           | Cell: |  |  |  |  |
|  |   |           |       |  |  |  |  |
| b.   | Work:                                   |           | Cell: |  |  |  |  |
|  | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, |           |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
| Emergency contact:   |   | Phone:    |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
| Primary Care Physician:  |   | Phone:    |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
| School Nurse:  |   | Phone:    |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
| Other health concerns:   |   |           |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
| Other Medications: Dose/Time:  |   |           |       |  |  |  |  |
| - C 0.1.0.1 1/20.1.0.1.0.1.0.1.0.1.0.1.0.1.0.1.0.1.0.1   |   | 2 000, 11 |       |  |  |  |  |
| Distance on some heatherstiers.  |   |           |       |  |  |  |  |
| Dietary concerns/restrictions:   |   |           |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
| Parent Signature:  |   |           | Date: |  |  |  |  |
|  |   |           |       |  |  |  |  |
| <u>'</u>   |   |           |       |  |  |  |  |
| Individual Considerations:  Dua Transportation about the about the attribute allowers.   |   |           |       |  |  |  |  |
| <ul> <li>Bus-Transportation should be alerted to student's allergy</li> <li>This student carries Epipen on the bus YES NO</li> </ul> |   |           |       |  |  |  |  |
| • Epipen can be found in: Backpack On person Other: (specify)  |   |           |       |  |  |  |  |
| • Other:   |   |           |       |  |  |  |  |
| Field Trip Procedures: Epipen should accompany student during any off campus activities  |   |           |       |  |  |  |  |
|  |   |           |       |  |  |  |  |
| Special instructions:  |   |           |       |  |  |  |  |